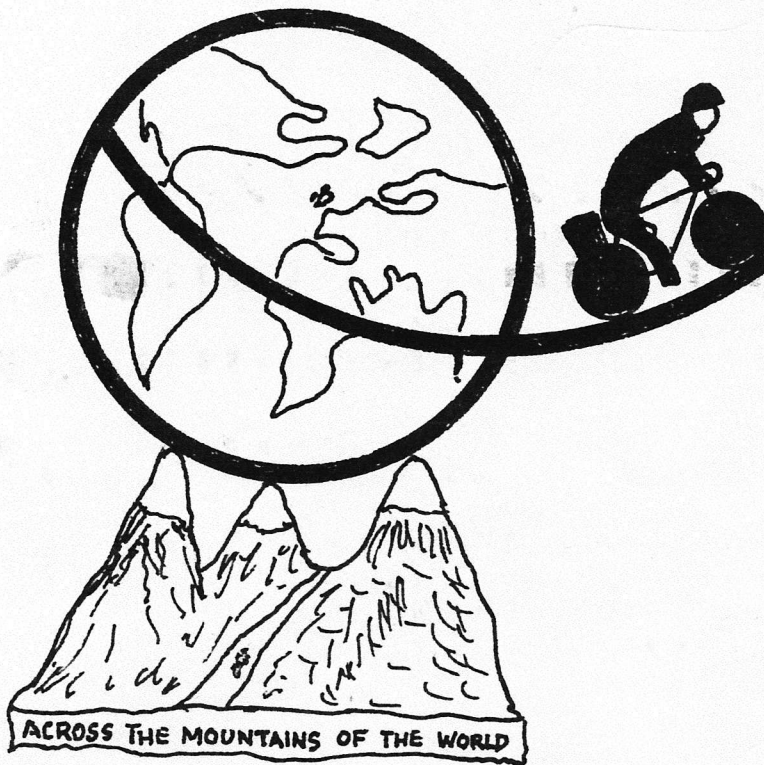


PROPOSED

VANCOUVER BICYCLE CLUB
c/o SPORT B.C.
1367 West Broadway
Vancouver, B.C. - V6H 4A9



WORLD'S

GREATEST

BICYCLE

RIDE

JOHN HATHAWAY'S

ROUND THE WORLD

HIGH ALTITUDE

MARATHON

BICYCLE TOUR

1986 - 1989

HIGH MOUNTAIN PASSES AND PLACES

on route over 1,000 metres above sea level

			METRES above sea level	FEET above sea level.
TIBET		Himalaya Mtns	6,000	19,685
KUNIERAB PASS	PAKISTAN	Karakorum Mtns	4,934	16,188
ALTO - do - TOROYO	PERU	Andes Mtns	4,693	15,397
ORURO	BOLIVIA	" "	3,704	12,152
INDEPENDENCE PASS.	USA	Rocky Mtns	3,671	12,095
BERTHOUD PASS	U.S.A.	" "	3,448	11,314
WULUNG PASS	TAIWAN	Nikii Mtn. Chain	3,275	10,745
TULCAN	ECUADOR	Andes Mtns	3,000	9,842
COL - du - BONNETE	FRANCE	French Alps	2,802	9,193
STELVIO PASS	ITALY	Italian Alps	2,758	9,048
PUENTE - del - INCA	CHILI	Andes Mtns	2,718	8,917
DAMAN PASS	NEPAL	Himalaya Mtns.	2,500	8,202
NUFENHEM	SWITZERLAND	SWISS Alps	2,478	8,130
PASO - de - CORTEZ	MEXICO	Sierra Madre	2,315	7,595
TIZI - N - TICHKA	MOROCCO	Atlas Mtns	2,260	7,414
KOLAKOLA PASS,	HONOLULU		1,786	5,444
SOGNEFELL PASS	NORWAY		1,430	4,692

plus others to a total over 100,000 metres
(300,000 ft)

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE		Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
							1986	1986
	NORTH AMERICA							
Start	VANCOUVER	B.C. Canada						24 Aug
	Cascade Mtns Selkirk Mtns							
6	CRESTON	" "	750	750	6		29 Aug	
11	BUTTE	Mon. U.S.A.	670	1420	5		3 Sep	
	Grand Tetons							
16	RIVERTON	Wyo. "	620	2040	5		8 "	
19	RIFLE	Colo "	360	2400	3		11 "	
	Rocky Mtns		3					
22	COLORADO SPRINGS	" "	380	2780	3	2	14 "	17 Sep
28	SANTE FE	N.Mex "	490	3270	4		20 "	
31	PECOS	Tex. "	430	3700	3		23 "	
33	NEUVO LAREDO	Mexico	300	4000	2		25 "	
39	TAMPICO	" "	750	4750	6		1 Oct	
43	VERA CRUZ	" "	500	5250	4	1	5 "	7 Oct
	Sierra Madre							
49	MEXICO CITY	" "	460	5710	5		11 "	
	Sierra Madre del Sur							
53	ACAPULCO	" "	430	6140	4	2	15 "	18 Oct
	by air to CARACUS, Venezuela							
	SOUTH AMERICA							
56	CARACUS	Venezuela				2	18 Oct	21 Oct
69	BOGATA	Columbia	1300	7440	11		31 "	
	Andes Mtns							
78	QUITO	Ecuador	900	8340	9		9 Nov	
95	LIMA	Peru	1700	10040	17		26 "	
	Andea Mtns							
109	LA PAZ	Bolivia	1400	11440	14		11 Dec	
	Andes Mtns							
119	ANTOFAGASTA	Chile	1000	12440	10		21 "	
	Andes Mtns						1987	1987
135	CORDOBA	Argentina	1600	14040	16		6 Jan	
	Andes Mtns							
143	SANTIAGO	Chile	800	14840	8		14 "	
153	PUERTO MONTT	" "	1000	15840	10		24 "	
	Andes Mtns							
162	COMODORO RIVADAVIA	Argentina	1000	16840	9		2 Feb	
171	BAHIA BLANCA	" "	1100	17940	9		11 "	
179	BUENOS AIRES	" "	1000	18940	8	2	19 "	22 Feb
185	SANTA FE	" "	500	19440	4		25 "	
190	MONTEVIDEO	Uruguay	600	20040	5		2 Mar	
196	PORTO ALEGRE	Brazil	800	20840	6		8 "	
204	SAO PAULO	" "	1000	21840	8		16 "	
212	BRASILIA	" "	1000	22840	8		24 "	

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE		Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
							1987	1987
220	RIO-de-JANERO	Brazil	1000	23840	8	2	1 Apr	4 Apr
	by air to CASABLANCA, Morocco							
	NORTH AFRICA							
223	CASABLANCA	Morocco				2	4 Apr	7 Apr
227	MARRAKECH	"	230	24070	2	1	8 "	10 Apr
	Atlas Mtns							
238	KHENIFRA	"	1010	25080	10		19 "	
247	ORAN	Algeria	930	26010	9	2	28 "	1 May
	by air to PARIS, France							
	EUROPE							
250	PARIS	France				2	1 May	4 May
257	ROSCOFF	"	590	26600	5		8 "	9 May
	by ferry to PLYMOUTH, England							
259	PLYMOUTH	England					10 "	
262	FISHGUARD	Wales	410	27010	3		13 "	14 May
	by ferry to ROSSLAIRE, Ireland							
263	ROSSLAIRE	Ireland					14 "	
265	LIMERICK	"	230	27240	2		16 "	
269	PORTRUSH	N. Ireland	450	27690	4		20 "	
272	DUBLIN	Ireland	330	28020	3		23 "	
	by ferry to HOLYHEAD, Wales							
	HOLYHEAD	Wales					24 "	24 May
	Snowdonia Mtns							
275	COVENTRY	England	320	28340	3	2	26 "	29 May
278	MILTON KEYNES	"	80	28420	1	2	29 "	1 Jun
	Pennine Chain							
285	NEWCASTLE on TYNE	"	610	29030	5	1	5 Jun	7 Jun
	by ferry to BERGEN, Norway							
288	BERGEN	Norway				1	8 "	10 Jun
	Skjolden-Lom Pass							
296	OSLO	"	800	29830	7		16 "	
302	STOCKHOLM	Sweden	730	30560	6	1	22 "	24 Jun
308	TRELLEBORG	"	750	31310	5		28 "	29 Jun
	by ferry to SASSNITZ, E. Germany							
309	SASSNITZ	East Germany (D.D.R.)				1	29 Jun	1 Jul
314	LEIPZIG	" "	430	31740	4		4 Jul	
316	PRAGUE	Czechoslovakia	260	32000	2		6 "	
319	WROCLAW	Poland	280	32280	3		9 "	
	Tatras Mtns							
326	ORADEA	Romania	720	33000	7		16 "	
	Carpathian Mtns							
332	BUCAREST	"	510	33510	6		22 "	
339	INSTANBUL	Turkey	790	34300	7	2	29 "	1 Aug

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE		Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
							1987	1987
346	IZMIR	Turkey	560	34860	5	1	5 Aug	7 Aug
	by ship to ATHENS, Greece							
349	ATHENS	Greece				2	8 "	11 Aug
356	LARRISA	"	550	35410	5		15 "	
361	SOFIA	"	610	36020	5		20 "	
364	BELGRADE	Yugoslavia	320	36340	3		23 "	
367	BUDAPEST	Hungary	400	36740	3		26 "	
372	SALTZBURG	Austria	560	37300	5	2	31 "	3 Sep
	Austrian Alps							
380	BORMIO	Italy	560	37860	6		8 Sep	
	Italian Alps							
382	BELLINZONA	Switzerland	280	38140	2		10 "	
	Swiss Alps							
387	BRIANCON	France	550	38690	5		15 "	
	French Alps							
394	ST. ETIENNE	"	630	39320	7	2	22 "	25 Sep
402	ANDORRA-la-VELLA	Andorra	690	40010	6		30 "	
	The Pyrenees							
406	LOURDES	France	390	40400	4		4 Oct	
	The Pyrenees							
412	ZAMORA	Spain	760	41160	6		10 "	
	Serra da Estrela							
418	LISBON	Portugal	680	41840	6		16 "	
423	GRANADA	Spain	620	42460	5	2	21 "	24 Oct
	Sierra Nevada							
426	GIBRALTAR	Gibraltar	140	42600	1	1	24 "	27 Oct
	by air to DAKAR, Senegal							
	AFRICA							
430	DAKAR	Senegal				2	28 Oct	31 Oct
436	ZIGUINCHER	The Gambier	400	43000	4		3 Nov	
437	BISSAU	Portugese Guinea	100	43100	1		4 "	
443	CONAKRY	Guinea	800	43900	6		10 "	
450	KENEMA	Siera Leone	900	44800	7		17 "	
453	ZORZOR	Liberia	300	45100	3		20 "	
461	ABIDJAN	Ivory Coast	950	46050	8	2	28 "	1 Dec
469	ACCRA	Ghana	800	46350	6		6 Dec	
471	LOME	Togo	200	47050	2		8 "	
472	PORTO NOVO	Dhomey	150	47200	1		9 "	
478	ONITSHA	Nigeria	800	48000	6		15 "	
483	DOUALA	Cameroun	600	48600	5		20 "	
490	LAMBARINE	Gabon	850	49450	7		27 "	
							1988	1988
496	BRAZZAVILLE	Congo	800	50250	6	2	2 Jan	5 Jan
507	KANANGA	Rep. of Zaire	1100	51250	9		13 "	
513	LIKASI	"	800	52050	6		19 "	
519	UVIRA	"	1100	53150	6		25 "	

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE		Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
							1988	1988
525	KAMPALA	Uganda	800	53950	6		31 Jan	
	Mtns							
531	NAIROBI	Kenya	650	54600	6		6 Feb	
541	DAR-ES-SALAAM	Tanzania	1150	55750	10	1	16 "	18 Feb
	by air to KARARCHI, Pakistan							
	ASIA							
543	KARACHI	Pakistan				2	18 "	21 Feb
552	OUETTA	"	850	56600	7		27 "	
560	PESHAWAR	"	830	57430	8		6 Mar	
566	GILGIT	"	530	5796	6	1	12 "	14 Mar
	Kakoram Mtns							
571	Kunierab Pass	Pakistan/China Bdr	200	58160	4		17 "	
579	ISLAMABAD	Pakistan	680	58840	8		25 "	
582	DELHI	India	420	59260	3	2	28 "	31 Mar
592	PATNA	"	1030	60290	8		7 Apr	
594	KATHMANDU	Nepal	260	60550	2	1	9 "	11 Apr
	Himalaya Mtns							
604	LHASA (Tibet)	China	750	61300	9	2	19 "	22 Apr
614	GANGTOK (Sikkim)	India	610	61910	8		29 "	
619	PABLA	Bangladash	530	62440	5		4 May	
628	NAGPUR	India	1130	63570	9		13 "	
631	HYDERABAD	"	450	64020	3	2	16 "	19 May
641	COCHIN	"	1060	65080	8		26 "	
	by Adams bridge to Sri Lanka (rail bridge)							
643	TRINCOMALEE	Sri Lanka	230	65310	2		28 "	
645	COLOMBO	"	260	65570	2	2	30 "	2 Jun
	by air to SEOUL, Sth. Korea							
648	SEOUL	South Korea				2	2 Jun	5 Jun
652	KANSONG	" "	200	65770	2		6 "	
654	CHUNGSU	" "	200	65970	2		8 "	
657	PUSAN	" "	300	66270	3		11 "	12 Jun
	by ferry to KITAKUSHU, Japan							
658	KITAKUSHU	Japan					12 "	
660	NAGASAKI	"	250	66520	2		14 "	
663	USUKI	"	400	66920	3		17 "	
	by ferry to Shikoku Island							
663	UWAJIMA	Japan					17 "	
666	TOKUSHIMA	"	300	67220	3		20 "	
	by ferry to Honshu Island							
666	WAKAYAMA	Japan					20 "	
670	KOFU	"	550	67770	4		24 "	
	Mtn Fujiyama							
672	TOKYO	"	250	68020	2	3	26 "	30 Jun
682	MINAYA	"	950	68970	7		6 Jul.	

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE	Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
						1988	1988
	by the rail tunnel to Hokkaido Island						
682	HAKODATE Japan					6 Jul	
684	SAPPORO "	300	69270	2	2	8 "	11 Jul
689	BIORA "	300	69570	3		13 "	
695	HAKKODATE "	800	70370	6		19 "	
	by rail tunnel to Honshu Island						
695	MIMAYA Japan					19 "	
700	NIIGATA "	600	70970	5		24 "	
703	FUKUI "	400	71370	3		27 "	
705	OSAKA "	250	71620	2	2	29 "	1 Aug
	by air to BEIJING, P.R. of China						
708	BEIJING China				3	1 Aug	5 Aug
715	TSAM Shantung "	450	72070	4		8 "	
721	NANKING Jiangsu "	700	72770	6		14 "	
724	SHANGAI "	350	73120	3		17 "	
733	NANCHANG Jiangxi "	950	74070	9		26 "	
738	HENYANG Hunan "	580	74650	5		31 "	
743	KWANGCHOW Guangdong "	580	75230	5		5 Sep	
745	KOWLOON New Territories, Hong Kong	200	75430	2		7 "	
	Hong Kong Island						
746	KOWLOON " " " "	100	75530	1	2	8 "	11 Sep
	by air to TAIPEI, Taiwan						
749	TAIPEI Taiwan				2	11 "	14 Sep
753	TAICHUNG "	250	75780	2		15 "	
	Nikki Mtn Chain						
756	TAROKA "	270	76050	3		18 "	
	Niiki Mtn Chain						
761	KAO HSIUNG "	470	76520	5		23 "	
766	TAYULIN "	450	76970	5		28 "	
769	TAIPEI "	230	77200	3	2	1 Oct	4 Oct
	by air to MANILA, Philippines						
	SOUTH-EAST ASIA						
772	MANILA Luzon Island Philippines				2	4 Oct	77 Oct
777	TUGUEGARAO " " " "	400	77600	3		9 "	
780	MANILA " " " "	400	78000	3	2	12 "	15 Oct
784	by air to BANDAR-SERI-BEGAWAN, Brunei					16 "	17 Oct
	by air to KOTA KINABALUH, Sabah						
785	KOTA KINABALUH Sabah					17 "	
	Mt Kinabalu						
788	SANDAKAN "	250	78250	3		20 "	
	Mtn Kinabalu						
791	KOTAKINABALU "	250	78500	3		23 "	24 Oct
	by air to B.S.B: Brunei						
792	BANDAR-SERI-BEGAWAN Brunei				2	24 "	27 Oct

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE			Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
								1988	1988
	by air to BANGKOK, Thailand								
795	BANGKOK	Thailand					2	27 Oct	30 Oct
800	CHUMPON	"		400	78900	3		1 Nov	
806	BUTTERWORTH	Malaysia		700	79600	6		7 "	
	by ferry to GEORGETOWN								
808	GEORGETOWN	Penang Is. "					2	9 "	12 Nov
	by air to MEDAN, Sumatra								
811	MEDAN	Indonesia					2	12 "	15 Nov
819	KOTA BARU	Sumatra	"	650	80250	6		20 "	
826	TEHIKBETUNG	"	"	700	80950	7		27 "	28 Nov
	by ferry to DJAKARTA, Java								
828	DJAKARTA	Java	Indonesia				2	29 "	2 Dec
834	SURAKARTA	"	"	500	81450	4		5 Dec	
837	BANJUWANGI	"	"	400	81850	3		8 "	
	by ferry to GILIMANUK, Bali								
837	GILIMANUK	Bali	Indonesia					8 "	
838	DENPASAR	"	"	100	81950	1	2	9 "	12 Dec
	by air to PERTH, Australia								
	AUSTRALASIA								
841	PERTH	W.Aust	Australia				2	12 Dec	15 Dec
847	ALBANY	"	"	550	82500	4		18 "	
852	NORSEMAN	"	"	700		5		23 "	
857	EUCLA	"	"	700		5		28 "	
								1989	1989
861	CEDUNA	S.Aust	"	520	84420	4		1 Jan	
865	PORT AUGUSTA	"	"	470	84890	4		5 "	
867	ADELAIDE	"	"	320	85210	2		7 "	
874	MELBOURNE	Victoria	"	920	86130	7		14 "	15 Jan
	by ferrv to DEVONPORT, Tasmania								
875	DEVONPORT	Tasmania	Australia					15 "	
879	HOBART	"	"	510	86640	4	3	19 "	23 Jan
886	DEVONPORT	"	"	480	87120	4		26 "	27 Jan
	by ferry to MELBOURNE, Victoria								
887	MELBOURNE	Victoria	Australia				2	27 "	30 Jan
	Snowy Mtns								
894	COFRYONG	"	"	570	87690	5		3 Feb	
900	SYDNEY	N.S.W.	"	750	88440	6		9 "	10 Feb
	by air to WELLINGTON, N.Z.								
901	WELLINGTON	North Is.	New Zealand					10 Feb	
906	HAMILTON	"	"	670	88360	5		15 "	
910	KAITAIA	"	"	580	88940	4		19 "	
916	GISBORNE	"	"	800	89740	6		25 "	
921	WELLINGTON	"	"	540	90280	5		2 Mar	3 Mar
	by ferry to PICTON, South Island								
923	PICTON	South Is.	New Zealand					3 Mar	
925	CHRISTCHURCH	"	"	350	90630	3		6 "	

TIME TABLE ROUND THE WORLD HIGH ALTITUDE MARATHON BICYCLE TOUR.

TOTAL DAYS	ROUTE			Km.	TOTAL Km	RIDING DAYS	REST DAYS	DATE OF ARRIVAL	DATE OF LEAVING
								1989	1989
930	INVERCARGILL	South Is.	New Zealand	620	91250	5	2	11 Mar	14 Mar
	Southern Alps								
939	HOKITIKA	South Is.	"	670	91920	7		20 "	
943	PICTON	"	"	450	92370	4		24 "	25 Mar
	by ferry to WELLINGTON, Nth.Is.								
944	WELLINGTON		New Zealand					25 "	26 Mar
	by air to SYDNEY, Australia								
945	SYDNEY	N.S.W.	Australia				2	26 "	29 Mar
	Great Divide Range								
950	ARMIDALE	N.S.W.	"	350	92720	3		31 "	
953	BRISBANE	Queensland	"	390	93110	3	1	3 Apr	5 Apr
960	ROCKHAMPTON	"	"	720	93830	6		10 "	
966	TOWNSVILLE	"	"	750	94580	6		16 "	
972	MOUNT ISA	"	"	770	95350	6		22 "	
977	TENNANT CREEK	Nth.Terr.	"	650	96000	5		27 "	
982	DARWIN	"	"	610	96610	5	2	2 "	5 May
	by air to NANDI, Fiji.								
	THE PACIFIC								
985	NADI	Viti Levu	Fiji					5 May	
987	SUVA	"	"	200	96810	2	1	7 "	9 May
990	NADI	"	"	280	97090	2		10 "	11 May
	by air to HONOLULU, Hawaii Is.								
991	HONOLULU	Oahu Is.	Hawaii				2	11 "	14 May
	Kola Kola Pass								
995	HONOLULU	"	"	240	97330	2		15 "	16 May
	by air to SAN DIEGO, U.S.A.								
	NORTH AMERICA								
996	SAN DIEGO	Cal.	U.S.A.				2	16 "	19 May
1002	PHEONIX	Ariz	"	580	97910	4		22 "	
1008	VAUGHN	N.M.	"	820	98730	6		28 "	
1013	WICHHITA FALLS	Tex	"	680	99410	5		2 Jun	
1018	EL DORADO	Ark	"	590	100000	5		7 "	
1021	JACKSON	Miss	"	420	100420	3		10 "	
1023	MOBILE	Ala	"	290	100710	2		12 "	
1029	TAMPA	Fl	"	830	101540	6		18 "	
1032	ORLANDO	Flor	"	390	101930	3	2	21 "	24 Jun
1039	FORT VALLEY	Ga.	"	600	102530	5		28 "	
1042	CHATTANOOGA	Tenn	"	380	102910	3		1 Jul	
	Great Smokey Mtns								
1046	RALEIGH	N.C.	"	470	103380	4	2	5 "	8 Jul
	Appalachian Mtns								
1053	HARRISBURG	Penn	"	690	104070	5		12 "	
1056	POUGHKEEPSIE	N.Y.	"	400	104470	3		15 "	

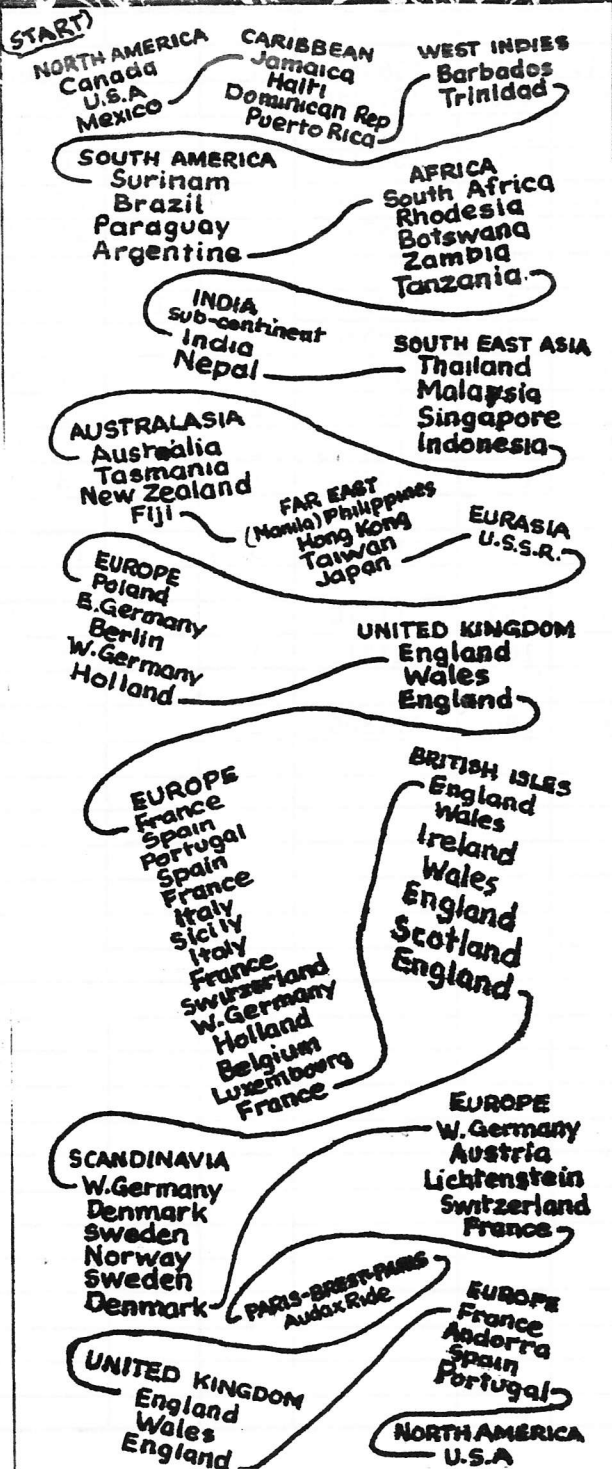


GUINNESS BOOK OF
WORLD RECORDS

50,600 MILE IN 100 WEEKS
(81,300 Kilometres in 100 semaines)

10 Nov '74 to 6 Oct '76

by
JOHN HATHAWAY



Blown off bike in storm California
200 mile dirt road in 2 days Nullabor Plain SOUTH AUSTRALIA
Victoria Falls - RHODESIA
IGUACU CATARATAS BRAZIL Held up by robber India
Himalayan Mtns Nepal. Hit by car - BRAZIL
SALVADOR Brazil. Hit cow in Nepal visit hospital in Pokhara TAJ MAHAL India
Robbed while cycling in Thailand Lost only 4 days with accidents and sickness
Taiwan Hardest climb 0 to 10,700 ft (3270m) in 35 miles (58Km) took 2 days riding on 45/50 gears
Lost Olympus OMI camera in Djakarta Indonesia
Elephants kangaroos deer, emu and cows were road hazards
Saddle sore 5 times

Pyrenees Rocky Alps
ROUND THE WORLD 50,000 MLS. ENDURANCE RIDE
gear of 10 ratios 45 to 100
Energy destroying heat in India
age 50. Target - 100 weeks 10 Nov '74 to 9 Oct '76

PARIS BREST PARIS AUDAX RIDE June '76 1180km in 86hrs
Bicycle stolen in England recovered 2 days later.
342 mile in 2 days in Canada.
21 Rear 5 Front tires used
Sprocket & chain replaced Sao Paulo Brazil Johannesburg Perth Japan (Shimano) Dijon Toronto.

One bicycle used for the whole tour including the rims and pedals.
Mikumi Nat'l Park. Lion and Elephant dangers. TANZANIA
1hr 7min 29sec in Veterans. 25ml. Time trial 1976. England
Japan to Europe by Trans-Siberian train cycling in U.S.S.R. a No-No
Lunenburg Heidi beautiful, W.GERMANY

PREVIOUS LONG DISTANCE EXPLOITS

- 1955 VANCOUVER - NEW ORLEANS - MONTREAL 8000 MILES IN 88 DAYS
- 1956 414 MILES (666 KM) IN 24 HR. Time Trial
- 1956 233 MILES (375 KM) IN 12 HR Time Trial
- 1957 TRANS CANADA RECORD - 24 DAYS 13 HR 5 MIN
HALIFAX - VANCOUVER - 3950 MILES (6350 KM)
- 1971 DAWSON CREEK - VANCOUVER
760 MILE (1220 KM) - 2 DAYS 21 HR - 15 MIN (69¼ HRS)
- 1972 CALGARY - VANCOUVER RECORD
650 MILES (1050 KM) - 2 DAYS 3 HRS 1 MIN (51 HRS 1 MIN)
- 1974-76 WORLD TOUR - MARATHON BIKE RIDE
50,600 MILES (81,430 KM) IN 100 WEEKS
52 COUNTRIES IN 6 CONTINENTS
(GUINNESS BOOK OF RECORDS)
- 1977 VANCOUVER - WOODSTOCK (ONT.)
2800 MILES (4600 KM) IN 25 DAYS.
CYCLE CAMPING TRIP.
- 1979 PARIS - BREST - PARIS RANDONNEUR RIDE
1200 KM (750 MILES) IN 76 HRS 45 MINS
(Worlds premier marathon event)
- 1983 PARIS - BREST - PARIS
1200 KM (750 MILES) IN 71 HRS 55 MINS