

At km	Turn	onto ROUTE	then Go km	At km	Turn	onto ROUTE	then Go km
54.3	L	METCHOSIN (@ T/stop)	6.5	79.4	R	BELLEVILLE (@ lights)	0.6
60.8	R	LAGOON (@ market)	1.1	80.0	SO	PENDRAY (@ left bend)	0.1
61.9	L	OCEAN (@stop)	4.3	80.1	SO	QUEBEC (@ right bend)	0.2
66.2	R	OCEAN (@yield)	0.3	80.3	SO	MONTREAL (@ left bend)	0.1
66.5	R	OLD ISLAND HWY (@yield)	2.0	80.4	SO	KINGSTON (@ right bend)	0.1
68.5	R	HIGHWAY #1A (to View Royal)	2.6	80.5	SO	St. LAWRENCE (@ left bend)	0.1
71.1	R	ADMIRALS (@lights)	2.5	80.6	SO	ERIE (@ right bend)	0.1
73.6	L	WOODWAY (@lights)	0.1	80.7	SO	DALLAS (@ left bend)	4.9
73.7	R	GRENVILLE (@ right bend)	0.3	85.6	R	HOLLYWOOD	0.1
74.0	L	PARK TERRACE (before Esquimalt)	1.0	85.7	SO	ROBERTSON	0.2
75.0		Cross Lampson (@ light)	0.1	85.9	R	ROSS (@ Stop)	0.1
75.1	SO	OLD ESQUIMALT	0.0	86.0	SO	CRESCENT	0.6
75.1		Cross Head (@ light)	0.0	86.6	L	KING GEORGE (up hill)	0.9
75.1	SO	OLD ESQUIMALT	0.7	87.5	R	BEACH	5.3
75.8	SO	WILSON (@ Dominion)	0.8	92.8	R	CATTLE POINT (scenic loop)	0.5
76.6	R	CATHERINE (@ flashing light/stop)	0.2	93.3	R	BEACH	2.2
76.8	SO	Cross Esquimalt	0.0	95.5	R	CADBORO BAY (@ stone gates)	0.6
76.8	SO	CATHERINE (becomes Kimta)	0.5				
77.3	R	SONGHEES (after Paul Kane)	0.7	96.1		Control #2--Your Choice	
78.0	R	ESQUIMALT (cross blue bridge)	0.6			Cadboro Bay Village	
78.6	R	WHARF	0.6			(Cadboro Bay @ Sinclair)	
79.2	R	GOVERNMENT (@Tourist Info)	0.2				

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96.1	SO	CADBORO BAY	0.8	128.2	L	ARDMORE (@ Golf Club)	1.6
96.9	SO	TELEGRAPH BAY (@left bend)	0.5	129.8	R	ARDMORE (@T)	2.1
97.4	SO	cross ARBUTUS (@ 4-Way stop)	0.0	131.9	L	GLENELG	0.2
97.4	SO	TELEGRAPH BAY	0.3	132.1	R	GLENELG (@ Glynnwood Park))	0.2
97.7	L	QUEENSWOOD (first left)	1.8	132.3	R	FRIZELL (no choice)	0.1
99.5	R	ARBUTUS (@stop)	0.9	132.4	L	W. SAANICH (@stop)	4.2
100.4	R	ARBUTUS (@ Finnerty)	1.0	136.6	L	DOWNEY (@ Market Garden)	1.7
101.4	R	GORDON HEAD (@T)	0.3	138.3	R	MADRONA (@Stop)	1.2
101.7	SO	FERNDALE (@ left bend)	0.5	139.5	SO	BIRCH	0.6
102.2	R	FERNDALE	1.2	140.1	L	CHALET	2.2
103.4	L	TYNDALL (no choice)	0.0	142.3	SO	LAND'S END	6.2
103.4	R	BARRIE (first right)	0.4	148.5	SO	Cross Hwy 17 (over bridge @ light)	0.1
103.8	SO	TORQUAY (@left bend)	0.4			continue past ferry entrance	
104.2	R	ASH (@stop)	1.1	148.6	L	CURTEIS (@ 3-way stop)	0.2
105.3	R	CORDOVA BAY (@T) (stop)	1.9	148.8	SO	DUNNE	0.1
107.2	SO	ROYAL OAK (@ lights)	2.5	148.9	SO	KEDGE ANCHOR	0.1
109.7	SO	Cross Hwy 17	0.7	149.0	SO	INWOOD (@ right bend)	0.7
110.4	R	WEST SAANICH (@ lights)	1.9	149.7	R	TRYON (@stop)	1.3
112.3	R	OLD WEST SAANICH	2.5	151.0	L	SWARTZ BAY (@ Curteis)	0.4
114.8	L	OLD WEST SAANICH (@ Sparton)	0.0	151.4	SO	onto LOCHSIDE TRAIL	0.8
114.8	R	OLD WEST SAANICH	4.0	152.2	L	McDONALD PARK (cross from left)	1.4
118.8	SO	W. SAANICH	9.4	153.6	L	RESTHAVEN	2.5

L = Left
SO = Straight On
R = Right

BC Randonneur Cycling Club
Affiliated with Cycling BC
Founding member of Les Randonneurs Mondiaux

Organizer cel: 250-886-9284

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156.1		Control #3-- Your Choice Sidney		171.8	R	VEYANESS (@ merge)	0.3
156.1	R	BEACON (@ lights)	0.3	172.1	R	WHITE	0.2
156.4	SO	Cross Route 17 (@ lights)		172.3	SO	SEABROOK (@ left bend) ignore No Exit (@ Highfield)	1.4
156.4	SO	W.BEACON	0.9	173.7	SO	Trail (@ Meadowbrook) (gravel)	0.2
157.3	SO	McDONALD PARK (@ right bend)	1.8	173.9	SO	OLDFIELD	0.4
159.1	SO	JOHN (@ left bend)	1.3	174.3	SO	cross Keating Cross (@ light)	
160.4	L	WILSON	0.4	174.3	SO	OLDFIELD	2.9
160.8	R	MONROE	0.8	177.2	L	BROOKLEIGH	2.3
161.6	L	W. SAANICH (@stop)	1.2	179.5	L	HAMSTERLY	0.1
162.8	L	WILLINGDON (@ airport)	1.9	179.6	R	SAYWARD (Cross Hwy 17 @ lights)	0.0
164.7	SO	WILLINGDON (@stop)	1.0	179.6	SO	SAYWARD	0.3
165.7	R	E. SAANICH (@ roundabout)	1.9	179.9	R	ALDERLY (first right)	0.9
167.6	L	LOWE (@ Centre for Plant Health)	0.2	180.8	R	CORDOVA BAY	0.1
167.8	SO	EMARD (@ right bend)	0.1	180.9	L	SANTA CLARA (first left)	1.5
167.9	SO	MOXON (first left)	0.3	182.4	L	CLAREMONT	0.3
168.2	L	AMITY (first left)	0.1	182.7	R	DEL MONTE (@ all-way stop)	0.4
168.3	R	ALDOUS (first right)	0.3	183.1	R	HALIBURTON	0.4
168.6	SO	WALLACE	1.9	183.5	SO	Cross Hwy 17 @ lights	0.0
170.5	L	E. SAANICH (@stop)	1.3	183.5	SO	ELK LAKE (no choice)	0.6
				184.1	R	BEAVER LAKE (@ Park) BUMPS!	2.2
				186.3	SO	BEAVER LAKE (cross W. Saanich)	0.3

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186.6	L	BEAVER (@T)	0.4
187.0	R	QUAYLE (no choice)	0.5
187.5	L	INTERURBAN (@stop)	5.5
193.0	SO	WEST BURNSIDE under Hwy 1	0.3
193.3	R	TILlicum MALL PARKING LOT (at lights, no street name)	0.5
193.8	L	ARENA RD (becomes MADDOCK)	1.0
194.8	SO	MADDOCK (Cross HARRIET)	0.2
195.0	R	BALFOUR	0.3
195.3	L	GORGE (@lights)	1.5
196.8	R	GOVERNMENT (@lights)	0.8
197.6	L	CHATHAM (@lights)	0.2
197.8		cross Douglas (Hwy 1) (@lights)	0.2
198.0	SO	CALEDONIA	0.2
198.2		cross Blanshard (Hwy 17) (@lights)	0.4
198.6	R	VANCOUVER	1.7
200.3	L	PENDERGAST	0.2
200.5		FINISH -- Big Wheel Burger Cook St. Village	
		CONGRATULATIONS	

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