

## Permanent Brevet #28

# Burnaby – Maple Falls 200 km

**Start/Finish: Burnaby Lake Sports Complex**

Distance (km-cumulative)	Turn	Route Description	Distance (Interval)
0.0		Leave Burnaby Lake Sports Clubhouse	0.1 km
0.1	R	North on Sperling Ave	0.4 km
0.5	L	West on Laurel St	0.1 km
0.6	R	North on Kensington Ave	1.4 km
3.5	R	South-East on Winston St	2.0 km
4.0	CO	Winston St East <b>RR!</b>	1.8 km
5.8	CO	Continue East on Government St	2.0 km
7.8	R	East on HWY-7 [Lougheed Hwy]	0.4 km
8.3	R	South on North Rd	0.9 km
9.1	CO	Continue South on E Columbia St toward Patullo bridge	4.7 km
13.8	R	Continue West/North/East on Ramp to bridge	80 m
13.9	CO	Cross bridge on sidewalk, watch for debris, etc.	0.3 km
14.2	L	Sidewalk ramp to Underpass Rd/124th St until traffic light	0.2 km
14.3	CO	East on 110 Ave (CO through traffic light)	0.7 km
15.1	BL	East on 128 St	0.4 km
15.5	R	South-East on King George Hwy	4.1 km
19.6	L	Turn to Fraser Hwy [HWY-1A ] East via two left-turn lanes	37.3 km
56.8	R	South on Mt Lehman Rd, then immediately go left	50 m
56.9	L	East on S Fraser Way	1.8 km
58.6	BR	Continue South on Townline Rd [312 St]	1.1 km
59.7	L	East on Marshall Rd	1.8 km

61.5	L	North on Clearbrook Rd (not marked) across overpass	0.4 km
61.9	R/L	East on Marshall Rd (left at stop sign) <b>RR!</b>	5.1 km
67.0	R	South on HWY-11 [Sumas Way] <b>RR!</b>	4.0 km
71.0		(Enter Washington via ped entrance right of car lanes)	
71.0	CO	Continue South on SR-9 [Cherry St] Fill bottles here.	1.7 km
72.1	L	East on W Front St	0.8 km
72.9	CO	Continue East on Rock Rd	0.5 km
73.4	R	South on Sumas Rd	0.8 km
74.2	L	East on Hillside Rd [Hillview Rd]	1.1 km
75.3	R	South-East on Bishop Rd, changes to Reese Hill Rd	0.4 km
75.7	L	West UP Reese Hill Rd (change is good!)	5.8 km
81.5	R	East on Kendall Rd at top (not marked)	8.0 km
89.5	L	East on SR-542 [Mt Baker Hwy]	4.7 km
94.2		<b>CONTROL #1 - Maple Falls - convenience store -</b>	
94.2	L	North on Silver Lake Rd (do NOT return to Kendall)	9.6 km
103.8	BL	Silver Lake Rd North becomes S Pass Rd (at 49th parallel)	8.0 km
111.8	R	North-West on Kendall Rd (do NOT cross Kendall Rd.)	1.6 km
113.4	L	West on Reese Hill Rd (more fun this direction)	5.8 km
119.2	CO	CO Reese Hill Rd becomes Bishop Rd	0.4 km
119.6	L	West on Hillside Rd [Hillview Rd]	1.1 km
120.7	R	North on Sumas Rd	0.8 km
121.5	L	West on Rock Rd	0.5 km
122.0	CO	Continue West on W Front St	0.8 km
122.7	R	North on SR-9 [Cherry St]	1.1 km
123.8		(Enter BC via ped entrance left of car lanes - REALLY)	
124.1	CO	Continue North on HWY-11 [Sumas Way] <b>RR!</b>	1.6 km
125.4	L	West on Vye Rd (no worries!) <b>RR!</b>	0.5 km
125.9	R	North on Riverside Rd	3.2 km
129.1	BR	North-West on W Railway St	1.0 km

130.1	L	West on Hazel St (short hill)	0.3 km
130.5	BR	West on Nelson Ave	1.7 km
132.2	R	North on Gladwin Rd [328 St] <b>RR!</b>	5.4 km
137.6	R	East on Harris Rd	1.6 km
139.2	L	North on Riverside to Mission bridge	2.0 km
141.1	L	North across bridge on Sidewalk	1.1 km
142.3	BR	Take first exit ramp from sidewalk - avoid storm drains!	1.2 km
143.5	L	North-West on Horne St	0.2 km
143.7	R	North-East on Glasgow Ave (STEEP overpass)	0.2 km
143.9	L	Immediate left onto Hwy 7 [1st Ave.] at light	70 m
144.0		<b>CONTROL # 2 - Your choice (Tim Horton's 1 block West)</b>	
144.0	CO	CO HWY-7 [1st Ave in Mission] West	36.8 km
180.7	BR	Take Pitt River bridge sidewalk, then bike path under spans	0.2 km
180.9	L	West on HWY-7B [Mary Hill Byp] via path, Freemont, Holland.	3.5 km
184.4	CO	CO HWY-7B [Mary Hill Byp] South-West	3.7 km
188.1	L	South on United Blvd before Trans Canada ramp	3.3 km
191.4	R	North on King Edward St	0.4 km
191.8	L	West on HWY-7 [Lougheed Hwy]	8.2 km
200.0	R	North on Sperling Ave 'jug handle'	0.3 km
200.3	BL	CO West/South on Kensington Ave over overpass	0.9 km
201.2	L	East on Laurel St (watch out for traffic here)	0.1 km
201.3	R	South on Sperling Ave	0.4 km
201.7	L	East to approach Burnaby Lake Sports Clubhouse	0.1 km
201.8		<b>FINISH</b>	

Note: Ride organizers may make last minute changes because of road closures or other problems. The route sheet you receive at the start of the ride is the official one.

R-right L-left BR-bear right BL-bear left S-straight SO-straight on T-turn around